

# Build Others Up

## Speaking Words of Encouragement

Parents and children work together to fill in each of the blanks below. Post this in the house where it will be visible.  
Spend the next week completing the task. Highlight each line once complete.

- 1) I want to call \_\_\_\_\_ to tell them I love them.
- 2) I want to pray for \_\_\_\_\_ today and ask God to give them courage.
- 3) I want to ask \_\_\_\_\_ how I can help them today, and then do what I can to help.
- 4) I am going to tell \_\_\_\_\_ that they did a really good job when they \_\_\_\_\_.
- 5) I want to tell \_\_\_\_\_ something that I like about them as my friend.
- 6) I need to say thank you to \_\_\_\_\_ for \_\_\_\_\_.
- 7) I am going to smile at everyone I meet today.